

## January 2008 NEWSLETTER

### NEXT MEETING

**When/Where:**

**Wednesday, January 9th**

Tukwila Community Center

12424 – 42<sup>nd</sup> Avenue South, Tukwila

11:30 AM - Lunch

12:00-ish – Business Meeting

**Special Guest:**

**Pamela Pasquale, MN, RN, BC (board certified, Gerontology)**

**Lunch Menu:**

Chicken cordon bleu, baby red potatoes, veggies, salads, Roll, Dessert and Coffee.

**Reservations:**

Call (206) 441-0504 by **Monday, January 7th** to reserve your place for lunch. The cost of lunch is only \$11.00.

**From Southbound I-5** take exit #156 – Tukwila, Interurban Avenue. Turn right onto Interurban Avenue South; proceed north. Turn right at the stoplight at 42<sup>nd</sup>; cross the Duwamish River. The TCC is located immediately on your right.

**From Northbound I-5** take exit #156 - Tukwila, Interurban Avenue. Take the Tukwila exit, turn left onto Interurban Avenue South and proceed north. Move into the right lane. Turn right at the stoplight at 42<sup>nd</sup>; cross the Duwamish River. The TCC is located immediately on your right.

**From Northbound or Southbound on Highway 99** turn east onto South 130<sup>th</sup> Street.

Proceed straight; turn left at Macadam Road (north). Cross Interurban Avenue South and the Duwamish River. The TCC is located immediately on your right.

### **CRITICAL INFO**

We hope you all had a nice Christmas, and a happy new year. Have you noticed that as you have aged, your New year's celebrations have gotten shorter and quieter? **The Labor Agency** will be here to pick up your donations. They will also accept donations of books, along with unopened non-perishable food items, clothing, blankets, small appliances, and so forth. At our December luncheon, we had our election of officers to a new 3 year term. I will return as President, and Clint Copeland, and Jim Landry although not renewing, have agreed to stay on until March until the new board has its feet on the ground. Trustees Jim Foster, and Don Smith will continue to grace the board with their presence. We welcome Willette Mitchell as our new recording secretary, who will have a variety of tasks to perform. "Willy" was a shop steward during her working life as a roller driver, and is a good addition to the GTRC. Elaine Russell will also help out in the wake of her Sears club demise. Mary Pekarek, also a Glacier retiree has offered to help with the book keeping. Since she lives on Vashon Island, her attendance will be intermittent, which is understandable. So, there you have it. We still could use another board member, but the GTRC keeps limping along. Same place, same caterer, and we hope to maintain our efforts to stage a golf tournament each year, and continue our holiday gift-card program.

## **DALLAS/MAVIS**

Attention: Any retired or ex Dallas/Mavis forwarding employees: A reunion is being planned for the weekend of August 24<sup>th</sup>-25<sup>th</sup> 2008, at Hartstene Island. A limited number of R.V. and campsites have been reserved. If you are interested call **Al Valdez @ (253) 856-7188** or **Donnie Cleaver @ (425) 793-1782**. We will probably post this notice again later in the year.

## **OUR GUEST**

Make sure you come and listen to our January guest speaker. Pam graduated from Shoreline C.C. Labor Management in 1981 at which time she met many Teamsters, especially from local 174. She is a member of Washington State Nurses Association, the one voice for nurses in practice and at the bargaining table since 1984, and currently serves on their Board of Directors. She has performed community based care in a variety of programs since 1989. First with D.S.H.S. aging services, and later on overseeing adult family home care. She also teaches nursing, and especially enjoys topics related to older adults. She and her husband are currently in the process of moving to Wenatchee.

## **SENIOR HUMOR**

When you are dissatisfied and would like to go back to youth, think of Algebra \*\* The older we get, the fewer things seem worth waiting for.\*\*First you forget names, then you forget to pull up your zipper. It's worse when you forget to pull it down! \*\* A little old couple walked slowly into a McDonald's one cold winter evening. Some of the customers looked admiringly at them. You could tell what the admirers were thinking:" Look, there is a couple who has been through a lot together, probably for 60 years or more!" The old man walked up to the cash register, placed his order with no hesitation and then paid for their meal. The couple took a table near the back wall and started taking food off the tray. There was one hamburger, one order of French fries and one drink. The little old man unwrapped the plain hamburger and carefully cut it in half. He placed one half in front of his wife. Then he carefully counted out the fries, divided them in two piles and neatly placed one pile in front of his wife. He took a sip of the drink, and then his wife took a sip as the man began to eat his few bites. You could tell the crowd thought the couple shared everything, and then they noticed the old lady hadn't eaten a thing. As she sat there, watching her husband eat, a young man came over and begged them to let him buy them another meal. The lady explained that no, they were used to sharing. As the old man finished and was wiping his face neatly with a napkin, the young man could stand it no longer and asked again. After being politely refused again, he finally asked the little old lady,"Ma'am, why aren't you eating. You said that you share everything. What is it you are waiting for?" She answered "THE TEETH"